

SCREENING MAMMOGRAPHY (MAMMO)

3D MAMMOGRAPHY BREAST TOMOSYNTHESIS (3D MAMMO)

(Annual breast screening exam for patients without signs or symptoms of breast disease)

American College of Radiology recommends annual screening at the age of 40.

Exam prep

- Please arrive 15 minutes before your scheduled appointment time to check-in.
- Please do not use any deodorant, powder or perfume the day of your exam.
- Limit caffeine intake two weeks prior to your mammogram.
- If you had prior mammograms at another facility, please arrange to have them sent to LRGHealthcare or bring them with you.
- If you need to schedule an appointment or reschedule your appointment, call 603-527-2992.

Exam Duration

- Mammography patients should plan to spend 30 minutes at our facility.
- During the exam, the technologist will acquire 4 standard views with gentle, but firm, breast compression. Breast compression should not be uncomfortable. The discomfort is usually brief. The breast compression will release immediately at the end of the picture.

Results

- Once the exam is completed, a certified Radiologist will review the study and dictate the final report.
- This report will be sent to the healthcare provider who ordered your exam.
- On occasion, the Radiologist may request Additional Mammographic or Ultrasound Breast imaging, at a short-term interval, to evaluate the breast tissue in more detail.
- Results are available through the LRGHealthcare patient portal. You may enroll in the patient portal at the time of check-in. Please ask the receptionist for details.
- We recommend you follow up with your healthcare provider to discuss the final results of your examination.

Let No Woman Be Overlooked – Breast and Cervical Cancer Program

This program provides FREE breast and cervical cancer screenings to women who meet certain requirements. Within the Lakes Region, this service is coordinated through LRGHealthcare.

For more information call NH Department of Health and Human Services at (800) 852-3345 ext 4931 or the Medical Imaging department at LRGHealthcare at (603) 527-2861 or breasthealth@lrg.org

LRGHealthcare

Dept of Medical Imaging

For questions, please call 603-524-3211 extension 3521